

## Recommended First Aid Kit

**NOTE: CONSULT WITH YOUR VET PRIOR TO UNDERTAKING ANY COURSE OF TREATMENT FOR YOUR HORSE**

### Remember:

- Don't panic and keep your horse calm to prevent additional injury
- Early Treatment can prevent the development of more serious issues
- Horses are prey animals and accordingly will rarely display overt signs of pain
- Don't use medications or unsterilized equipment to treat multiple horses – you risk the spread of disease
- It is your responsibility to be aware of the signs of equine distress and ill health – some of which may be subtle

### Contents (A guide)

#### Bandages and Dressings

- Multiple Elastoplast bandages:
  - Adhesive
  - Non-adhesive
  - Elastic
- Multiple wound dressings:
  - Gamgee
  - Non-stick
- Bandaging Tape
- Cotton gauze/stretch gauze/crepe bandage
- Large roll cotton wool
- Cotton wool balls
- Ear buds

#### Medical Equipment

- Rectal thermometer
- Petroleum/lubricating jelly
- Sterile scissors
- Sterile syringes
- Disposable gloves/rubber gloves
- Small pair of tweezers or forceps
- Sterile container for mixing treatments
- Stethoscope

#### Wound, Hoof and Sprain Treatments

- Antiseptic wash
- Antiseptic lotions/sprays
- Wound powder, spray or cream
- Anti-inflammatory/analgesic gel
- Poultices
- Ice pack
- Shoe removal kit
- Hoof pick and knife
- Hoof dressing
- Hoof boots
- Dermacleanse
- Liniment
- Plastic squeeze bottle (wound flushing)

**Eye Treatment**

- Eye wash solution
- Saline solution
- Eye ointment
- Eye pads

**Medications**

- Bute (Phenylbutazone)
- Electrolytes
- Epsom salts
- Glycerine

**Other useful equipment**

- Disinfectant
- Assorted buckets and containers
- Wipes or old towels
- Pliers and wire cutters
- Flashlight and spare batteries
- Fly repellent
- Electric clippers
- Spray bottle
- Twitch
- Baling string
- Duct tape